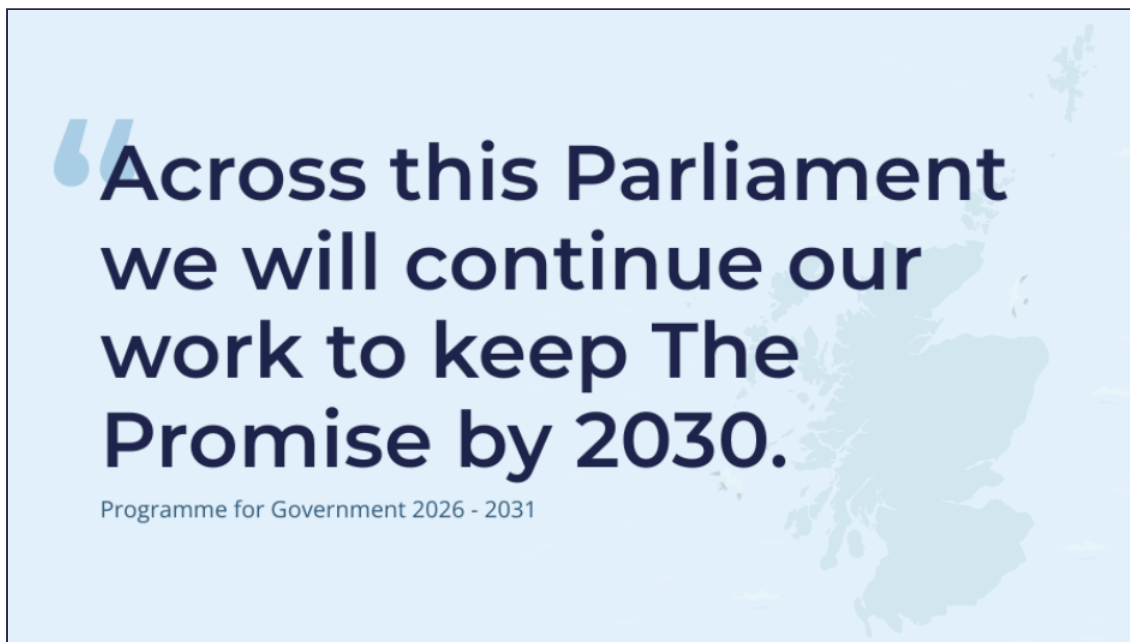


## Thank you for your commitment to keeping the promise.

This newsletter is here to give you updates on our work and work happening to keep the promise across Scotland. If you have any questions or feedback, please reach out to [hello@thepromise.scot](mailto:hello@thepromise.scot). You can find previous and PDF versions [here](#).

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The current Scottish Government have reaffirmed their commitment to keeping the promise throughout key areas of the [Programme for Government 2026 - 2031](#), which sets out the priorities for the next five years.

It is this Government and Parliament who must ensure that the promise is kept by 2030, honouring the courage of those who shared their stories with the Independent Care Review in the hope of change, and the care community to whom the promise was made.

This will require sustained commitment and resourcing. We will continue to work with the Scottish Government and partners, including through the development and implementation of [Plan 24-30](#), to ensure work to keep the promise continues quickly and effectively.

You can read the key commitments below.

[Read more here](#)

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# Learning together

## Family Compass: Empowering Families through Shared Decision-Making



In this learning story, we hear about the Family Compass test of change which aimed to understand whether children, young people, parents, and carers could be more meaningfully involved in planning meetings and reviews through chairing or co-chairing these meetings.

Key learning from this story includes:

- When children, young people, and families are given meaningful opportunities to lead or share responsibility for their meetings, participation becomes more authentic, relationships improve, and decision-making is strengthened without compromising statutory responsibilities.
- Child-centred and family-led meetings are achievable within existing care planning and child protection processes with investment in preparation, relationships, and trauma-informed facilitation.

Read more about Family Compass and the difference it made for children and families below.

[Click here](#)

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# Survey Launch Event

Learn more about new research to understand and address the use of physical restraint in residential children's care in Scotland



Join the [Holding Differently, Containing Distress research](#) team on 30 September to hear more about the project and the launch of the first phase of their research.

The first phase will be an online survey, co-produced by members of the [Scottish Physical Restraint Action Group](#) (SPRAG), for all residential child care workers in Scotland to gather information around the use of physical restraint.

You can sign up for the event below or find more information about the ideas that shape the project and its aims in their recent blog [Why 'Holding Differently'?](#).

To find out more about ongoing work in this area, visit the [Rights and Restraint route map in Plan 24-30](#).

[Find out more here](#)

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## Resources and Upcoming

### [The Independent Strategic Advisor - the promise local area catch ups](#)

Fiona Duncan is meeting with children, young people, care experienced adults, families, and those that support them to learn about progress

to keep the promise as part of her series of [local area catch ups](#) across Scotland. You can find updates on each completed visit on our social media.

### [Community of Practice for Siblings in-person event - 1 October](#)

Join the Community of Practice for Siblings for our next in-person gathering at the Scottish Children's Reporter Administration in Glasgow. You will hear from presenters about the importance of dedicated spaces for connection and you'll help develop a framework of core knowledge, understanding, and practice skills for volunteers supporting children and young people to maintain and strengthen important relationships.

### [Upcoming webinars from the Children and Young People's Centre for Justice](#)

CYCJ's regular webinar series continues this autumn. All webinars are free to attend and feature speakers from a range of different specialisms and areas of expertise.

### [Register for Together's free webinar series](#)

Join Together (Scottish Alliance for Children's Rights) for a series of three free webinars, designed to support those working with and for children to embed children's rights in their practice.

### [Children's Hearings Scotland upcoming information session](#)

Join CHS to discover what volunteering as a Panel Member really means. This session will provide the opportunity to hear from a Panel Member about their experience, find out about the training and support provided, learn how to apply, and ask questions.

### [Briefing - It takes a village: Talking about adversity and trauma in early childhood](#)

This new briefing from [Frameworks UK](#) and [Each and Every Child](#) explores how the Scottish public think about adversity and trauma in early childhood, and identifies the most effective ways to communicate about these concepts to build understanding and support.

### [Better Records Together: Resources for care experienced people accessing their records](#)

These resources from the Information Commissioner's Office help people with experience of care understand how to ask for their records, what to expect from the process, and how to get support if they need it.

### [Community of Practice for Siblings September 2026 Newsletter](#)

This edition provides updates on work happening across the Community to keep the promise for brothers, sisters, siblings and sibling-like relationships and upcoming events.



# The Promise Scotland

SUPPORTING CHANGE FOR CHILDREN,  
FAMILIES & CARE EXPERIENCED ADULTS

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