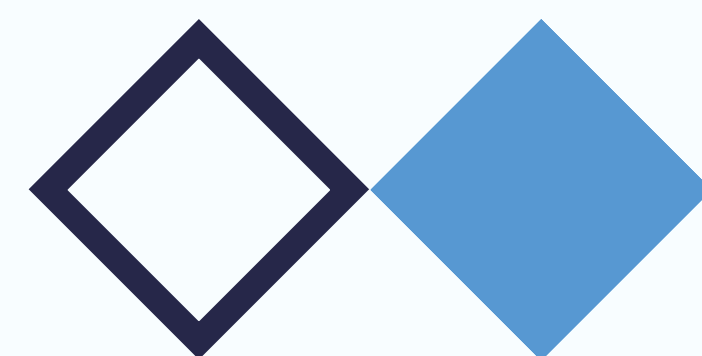


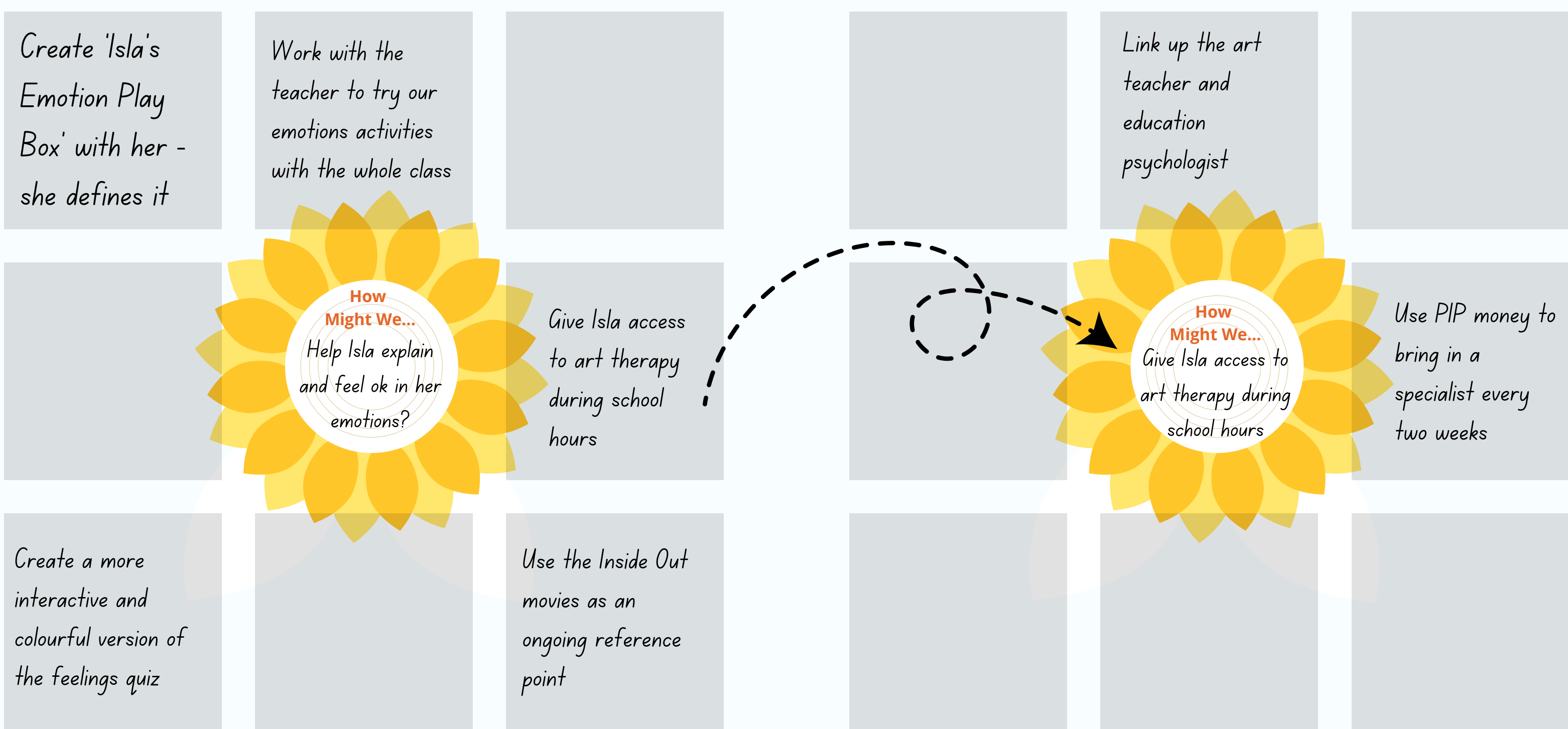
How to: Idea Sunflowers



Isla's Story

Scotland's Independent Care Review used what it heard from real children and young people to create **composite stories** about the care system. These are stories about fictional people, made up from experiences which actually happened.

Isla's story is one of these, and has been used in the example below.



Using this tool

What it's for

This activity is great for getting ideas out quickly and building on them together.

How it's used

This activity is done in two rounds or more.

The aim is to work as a group to get an idea in each box.

First, pick one of your How Might We questions as your prompt.

Set a timer for 3 or 4 minutes and aim to fill as many boxes as you can.

Look at the ideas as a group and choose one to go into the centre of the next sunflower.

Set the timer again and use the boxes to add to the idea in the centre, or create new ones that build on it.

When to use it

This is ideal as an 'idea sparking' activity after you've developed your How Might We questions.

Keep hold of any that aren't for pursuing just now, they might be useful at another point.